

...and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembly together...but encouraging one another.  
Heb 10:24-25

Share the teaching  
Guard the sharing

# Male Call

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## December 17, 2008—Our Spiritual PDA—Meditative Prayer

6:00 – 6:05	Coffee & Donuts Opening Prayer
6:05 – 7:00	<p>Behold, I stand at the door and knock; if anyone hears My voice and opens the door, I will come in to him and will dine with him, and he with Me. (Revelation 3:20)</p> <p>Draw near to God and He will draw near to you. (James 4:8)</p> <p style="text-align: center;"><b>Meditative Prayer Exercise—30 minutes</b></p> <ol style="list-style-type: none"><li>1) Read <u>Mark 2:2-12</u> as though it were happening now, in front of you.</li><li>2) Experience the events as though they were happening before your ears and eyes.</li><li>3) Reread the passage twice more, each time pausing a few minutes to experience the scene as though you were an actual witness. Specific word(s) or event(s) will catch your attention.</li><li>4) Dwell on what caught your attention and notice your feelings towards it.</li><li>5) Ask God to show you why the word(s) or event(s) evoked such feelings within the context of your present life circumstances? Sit quietly with God for several minutes.</li></ol> <p style="text-align: center;"><b>Journeying Together—20 minutes</b></p> <ol style="list-style-type: none"><li>1) With those at your table, talk about:<ol style="list-style-type: none"><li>a) Your experience of meditative prayer (good, bad, challenges, etc.); and</li><li>b) What you believe God showed you.</li></ol></li><li>2) When another is talking, feel free to ask clarifying questions of the one talking; however, avoid the temptation to interpret the experience for the other person.</li><li>3) Ensure time is given for each person to tell of their experience.</li></ol>

7:00	Closing Prayer
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Further reading:

- *The Bible*
- Craig, William Lane. *Reasonable Faith*. 1994. Crossway Books.
- Foster, Richard J. *Prayer: Finding the Heart's True Home*. 1992. HarperSanFrancisco.
- Green, Thomas H. *Opening to God: A Guide to Prayer*. 2007 printing. Ave Maria Press.
- Keirse, David. *Please Understand Me II*. 1998. Prometheus Nemesis Book Company.
- Smith, Gordon T. *The Voice of Jesus*. 2003. Intersity Press.
- Willard, Dallas. *Hearing God*. 1999. Intersity Press.