

Dear Parents,

Following is a list of the snacks we will be serving at VBS. We have attempted to list any ingredients that people can be allergic to, but please feel free to stop by the kitchen to check out the product labels if you are unsure. If your child is allergic to anything we may be serving, please send a snack for him or her on that day. Please put an appropriate snack for your child in a zip-loc bag marked with their name and give it to their group leader explaining that this will be their snack for that day.

Thank you for your help!

Amy Moore & Amy Thomas
Snack Coordinators

Monday

*"Peter's Jail Mix" made with Cheerios, cheese fish crackers, marshmallows, pretzels, and M&M's (contains dairy and wheat)

*Grapes

*Kool-Aid

Tuesday

*"Chip-Wrecks" Tortilla chips with nacho cheese sauce (contains dairy)

*Fruit floats made with Sprite, grapes or strawberries with whip cream on top

Wednesday

*"Smoeres" made with graham crackers, chocolate, and marshmallows (contains dairy and wheat)

*Bananas

*Kool-Aid

Thursday

*Mini-pizzas made with bagels or English muffins, spaghetti sauce, mozzarella and cheddar cheese (contains wheat and dairy)

*Mini carrots and Ranch dressing (contains dairy)

*Kool-Aid

Friday

*Tortillas with cheese (contains dairy and wheat)

*Fruit K-Bobs

*Kool-Aid

Note: Fruit items may be interchanged or substituted depending on availability and price. Please be aware if your child has a fruit allergy.